

Toughen Up and Get It Done - Motivational Coloring Book for Adults: 50 Coloring Pages for Your Wall to Remind You of Your Goal and Keep You Focused, ... Coloring Art You Made) (Volume

1)

Leo Art Gibson

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This book aims to serve you in various ways -- it welcomes you into a world of creativity and it lets you craft reminders to yourself that focus and perseverance are truly capable of changing your life.

Remember that time when you drew motivational words on big sheets of paper to stick to your wall? Big block letters to remind you what was at stake and why months, weeks, days or sometimes mere hours of getting organized, focused and committed would pay many times over in the long run?

Perhaps the exam, competition or project that was so important, that it seemed perfectly justified to stick to the furniture sheets of paper with words like:

Commit, Focus, Cram, Bulldoze It, Hold On Tight, Forge Ahead, Get Hands Dirty, Get Moving, Go The Extra Mile, Perform, Persevere, Work Now, Bite The Pain.

Perhaps there were days when you preferred to remind yourself what is needed on the road there:

Composure, Dedication, Determination, Enjoy the Journey, Agility, Self Driven, Sleeves Up, Solve, Stick To It, Milestone, Use Time Wisely, When In Doubt -- Work.

Perhaps there were days when nothing could motivate you more than the thought of the goal itself:

Earned Not Given, End In Mind, Future, the Future You Demands It, Goal, Impact, Purpose, Result, Return, This Is Your Life.

And when you were not happy with yourself you reminded yourself what not to be:

Procrastinator? Pockets Of Time? No Complaints, No Distractions, No Excuses, No Sabotaging Yourself, No Whining! Now. No Waiting...

And when just before the finish line you were truly exhausted -- you needed something to get you over it:

Will, Endure, Invested Too Much To Quit Now, Finish It, To The Hilt, Doer.

What you get with this book are art prompts to relax and unwind with while coloring (and inventing!) and reminders to stay organized, committed and persevering to stick to the wall when it comes a time to stay focused.

Wishing you deserved success for working hard & joy and fun when playing hard.

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Kimberly Kiser:

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Muriel Carpenter:

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