



The Definitive Guide to Disc Golf

Justin Menickelli, Ryan Pickens

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For people just starting to play, disc golf can become an exciting and addictive sport to play for a lifetime. Avid disc golfers often find playing a challenging test of both physical skill and mental determination. Disc golf is a “greener” sport than most, and has fewer barriers to entry than traditional golf and other recreational sports. It is also one of the fastest growing sports in the United States. *The Definitive Guide to Disc Golf* provides readers all the essential information they need to get started playing disc golf, but it is much more than just a basic “how to” manual – it is a thoughtful, fascinating, and thoroughly enjoyable exploration into the history, nature, science, and skills of disc golf. Featuring more than 80 instructional photos, this is a comprehensive book about disc golf that would be enjoyed by all players, from beginners to aspiring professionals.

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