



# The 10 Conversations You Must Have Before You Get Married (and How to Have Them)

*Dr Guy Grenier*

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## **The 10 Conversations You Must Have Before You Get Married (and How to Have Them)** Dr Guy Grenier

Doing relationship well isn't about luck, circumstance, or even personality. It's about having a good set of relationship skills. It's a simple truth that we do our jobs better, we parent better, and we look after our health better when we're taught the skills that are required to do so. Similarly, we build lasting, loving relationships when we're shown how to build one for ourselves! Easy to read, filled with humour, and fun to do, The 10 Conversations teaches you step-by-step how to communicate, problem-solve and have fun together, all the while investigating the critical issues related to relationship success. Drawing on psychological and marital research along with over 20 years of clinical experience, Dr. Guy uses clinical examples from his practice, hands-on exercises, the wisdom of 50 years of scientific investigation, and even contemporary movie reviews (!) to guide couples through the process of becoming intimately connected and well-prepared to build a successful life together. Once you've learned the necessary relationships skills, scary divorce statistics lose their power to intimidate. Read The 10 Conversations and feel confident moving forward and having fun in your relationship!

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