



Twelve Traps in Today's Marriage and How to Avoid Them

Brent A. Barlow

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You won't be able to avoid problems in marriage if you don't recognize the traps. *Twelve Traps in Today's Marriage* describes some of the destructive habits, expectations, and mistakes many Latter-day Saints slip into. The author, Dr. Brent A. Barlow, an associate professor in family sciences and a marriage counselor, writes:

"Many married couples today unknowingly get into situations—traps, if you will—that can be harmful to marriage. This may be out of ignorance, apathy, or innocence, or any combination of the three. Through marriage counseling sessions and . . . marriage seminars I have conducted, . . . I have identified what I believe to be twelve major traps in contemporary marriage:

The Time Trap

The Tradition Trap

The Togetherness Trap

The Tenderness Trap

The Talk Trap

The Tyranny Trap

The Turmoil Trap

The Temper Trap

The Tension Trap

The Touch Trap

The Temptation Trap

The Television Trap

Learn about each trap and what to do to get out of them or stay away from them. *Twelve Traps in Today's Marriage—and How to Avoid Them* is a searching examination of LDS contemporary marriage and an inspiring look at how to make marriage better.

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