



Therapy in Action

C S Belle

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Author Clarissa Star Crystal-Belle, LMHC, takes on troubled kids and their families in her role as a therapist for troubled children. In this fascinating glimpse into real-life case studies, Crystal-Belle seeks to "awaken the reader to a new way of looking at this population and... ..a more effective way to address their needs." Crystal-Belle challenges the misuse of specific medications and behavior management techniques. She questions the practices of sentencing troubled kids to indefinite terms in special education. And in calling out those who use corporal punishment and shame-blame tactics, she introduces alternatives that include a team approach, embracing and engaging... ..rather than condemning and alienating troubled kids. If you're living or working with kids who could test the patience of a saint; if you're a parent or teacher or case worker at a loss to correct or redirect a defiant child; if you're a professional who is seeking a new avenue in your counseling or medical approach... ..this book is for you. "Speaking as a clinical supervisor in a mental health counseling program, I encourage my colleagues to add "Therapy in Action" to your required reading list." Stephen A. Giunta, Ph.D., LMHC, NCC, CCMHC Immediate Past President, American Mental Health Counselors Association"

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