



Good News About High Blood Pressure: Everything You Need to Know to Take Control of Hypertension...and Your Life

Thomas Pickering

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Did you know that one in five people diagnosed with high blood pressure exhibit symptoms only in a doctor's office? A low-salt diet isn't right for everyone with high blood pressure? Risk factors for women and men vary? Written by an internationally acclaimed authority GOOD NEWS ABOUT HIGH BLOOD PRESSURE reveals some surprising facts about this silent killer.



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