



# Make It Up: The Essential Guide to DIY Makeup and Skin Care

Marie Rayma

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Ever think of making your own beauty products- handmade, high performance, healthy alternatives to just about every chemical laden product you currently put on your face and body? It\'s easier than you think!

In *Make It Up* author Marie Rayma shares the recipes she has developed through years of trial, error, and testing to come up with the very best. This is real makeup and skincare: bright lipsticks, quality mineral powders, long-wearing eyeliners, and masks and cleansers that yield results. Rayma walks you through natural ingredients available online or at health food stores. These awesome oils, butters, clays, and minerals will replace the petroleum products, artificial colors, and lab-created mystery fragrances that have untold effects on our bodies. Products can be tailored for individual needs-from swapping out ingredients not suitable for sensitive skin to whipping up the perfect colors suited for any complexion.

With easy-to-follow instruction, *Make It Up* provides more than 40 essential cosmetics and skin care projects so you can make just what you want, when you need it.



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