



1001 Natural Remedies

Laurel Vukovic

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With natural remedy recipes for health, beauty, home and garden, and pets, *1001 Natural Remedies* is the most comprehensive reference available on this topic. Take natural, simple ingredients such as essential oils, herbs, honey, lemon, and baking soda, and turn them into shampoos, mouthwashes, and household cleaners that are safe, effective, and kind to the environment.

Organized into four easy-to-reference sections, this guide is packed with 1001 recipes to treat common ailments, have more radiant skin, restore scuffed furniture, get rid of garden pests, deal with a smelly dog, and so much more, so you never have to resort to commercial, chemical-laden products and again. Each easy-to-follow recipe is extremely accessible and features ingredients that are available at any grocery store.

Whether you want to have a more natural everyday routine or aspire to fulfill your self-sufficiency dream, this revised and updated edition of *1001 Natural Remedies* can help you achieve your goal.

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