



Groups in Music: Strategies from Music Therapy

Mercédès Pavlicevic

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In recent years there has been increasing interest in the implementation of group music therapy. Literature to analyse, guide and further this practice is long overdue, so in this book Mercédès Pavlicevic develops a discourse for the music therapists, musicians and teachers who use music groups. By drawing on her own extensive experience, she provides a broad-based understanding of how groups function when music is introduced. Amongst other topics, she looks at the challenge of balancing individual and group needs, the development of 'group time' and the difficulty of dealing with group members who are reluctant to take part. With each chapter illustrated by clinical vignettes taken from a wide range of settings such as education, community work and health, *Groups in Music* provides a solid but varied framework from which to reflect on the experience and dynamic of group music therapy that will prove essential to all those involved in its practice.

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