



Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Pastel Elegance)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Cherry Simard:

Why? Because this Adult Coloring Journal: Survivors of Incest Anonymous (Sea Life Illustrations, Pastel Elegance) is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will jolt you with the secret the idea inside. Reading this book beside it was fantastic author who all write the book in such incredible way makes the content inside easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you because of not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of gains than the other book have got such as help improving your expertise and your critical thinking method. So , still want to postpone having that book? If I have been you I will go to the publication store hurriedly.

Albert Lightner:

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