



Zip It: The Keep It Shut 40-Day Challenge

Karen Ehman

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Zip It empowers readers to put into action the advice and commands of Scripture concerning the tongue. The New York Times bestselling book *Keep It Shut* covered many topics, including anger, truth-telling, people-pleasing, our digital tongues online, and gossip. Because there are more than 3,500 verses in the Bible that relate to our words and our silence, *Keep It Shut* only scratched the surface of these issues. Karen Ehman now takes a deeper look and offers practical how-to's that will inspire you use your words to build, to bless, to encourage, and to praise.

Each of the forty interactive entries includes a Scripture verse focus for the day, a story or teaching point, and reflection questions with space for readers to write their answers and thoughts. Each entry ends with both a challenge that will help you carry out the directive in the verse and a prayer prompt. Rather than a traditional devotional, the entries in *Zip It* build upon each other, equipping you with new habits in how to, or not to, use words.

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