



# Slow Cooker Favorites Made Healthy (Better Homes and Gardens Cooking)

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- More than 200 satisfying—yet guilt-free—recipes for your countertop slow cooker, including main dishes, sides, soups, appetizers, and desserts.
- All recipes are lighter in calories, saturated fats, and sodium.
- Bonus chapter with recipes for 1-1/2-quart slow cookers—perfect for serving two.
- Complete nutrition information, including diabetic exchanges, with every recipe.
- Helpful at-a-glance chart of calorie counts for common foods.

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#### **Laurel Ramer:**

Information is provisions for folks to get better life, information presently can get by anyone on everywhere. The information can be a know-how or any news even an issue. What people must be consider while those information which is inside former life are challenging to be find than now is taking seriously which one works to believe or which one the resource are convinced. If you receive the unstable resource then you buy it as your main information it will have huge disadvantage for you. All of those possibilities will not happen in you if you take Slow Cooker Favorites Made Healthy (Better Homes and Gardens Cooking) as your daily resource information.

#### **Na Urquhart:**

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#### **Aaron Edgington:**

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