



Low & Slow: Comfort Food for Cold Nights

Louise Franc

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We all crave warming comfort food when the weather starts to cool down—rich and fragrant curries, succulent braised dishes and soups, and meat so tender you could cut it with a spoon. This is the time of year that we skip the salads and quick stir-fries and the art of slow cooking comes into its own. "Low and slow" refers to the cooking method used throughout the book—low-temperature cooking for a long period of time, either in the oven or on the stovetop, which helps to add a great depth of flavor and tenderness to dishes. Seventy classic slow-cooking recipes are included in this beautiful book—hearty beef bourguignon, braised lamb shanks, pulled pork, coq au vin, osso buco, lasagna—as well as hearty soups, slow-cooked barbecuing classics, Indian curries, and tagines. Many of the recipes are one-pot dishes, so once you've popped it in the oven or on the stovetop, you can relax and let time do all the work for you.

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Tammy Booker:

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Why? Because this Low & Slow: Comfort Food for Cold Nights is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will surprise you with the secret the idea inside. Reading this book alongside it was fantastic author who have write the book in such amazing way makes the content interior easier to understand, entertaining means but still convey the meaning completely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This amazing book will give you a lot of rewards than the other book have such as help improving your proficiency and your critical thinking technique. So , still want to hesitate having that book? If I were being you I will go to the guide store hurriedly.

Julie Bailey:

Low & Slow: Comfort Food for Cold Nights can be one of your beginner books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that will increase your knowledge in vocab, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort to set every word into delight arrangement in writing Low & Slow: Comfort Food for Cold Nights but doesn't forget the main level, giving the reader the hottest and based confirm resource info that maybe you can be one among it. This great information could drawn you into new stage of crucial thinking.

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