



Unleash Your Inner Diabetes Dominator: How to Use Your Powers of Choice, Self-Love, and Community to Completely Change Your Relationship with Diabetes for the Better

Daniele Hargenrader

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“If every single person living with diabetes could read this book and apply Daniele’s life-changing wisdom, millions of lives would be improved, billions of dollars would be saved, and the face of health in America would be entirely transformed.” — Dr. Jody Stanislaw, PWD, Naturopathic Doctor, and Author, *Hunger*

What is a Diabetes Dominator? Diabetes Dominator is a state of mind: Instead of diabetes being perceived as a weakness or a curse, diabetes can actually be a great source of strength if we choose to let it. We all have the power to turn adversity into advantage. Diabetes can be a catalyst for improving our lives, paying closer attention to what matters most in life, and for being of service to others. I didn’t always feel this way, and that’s why I wrote this book.

BONUS: Get my online health and wellness training program for FREE (\$47 Value) when you purchase. See diabetesbook.com for details. This is the book I wish my mom and dad had when times looked darkest. **This is the book that I wish I could go back and give to my younger self, to tell myself that it’s going to be okay.** To show myself that there is light at the end of the tunnel, and that instead of feeling weak, hopeless, defeated, and unworthy for the rest of my life, that instead I will end up being stronger than I ever imagined possible. Since I can’t go back and tell myself that, the best thing I can do now is give you the message.

"Daniele has a passion for helping people see the potential opportunities in the wake of their challenges. From her own compelling personal story, to the way she has risen to become an effective advocate for people with diabetes in the diabetes online community through her engaging interviews and constructive outlook, Daniele proves to the community that all of us who live with chronic disease can be the dynamic change-makers of our own stories." — Melissa Lee, PWD, Patient Advocate and Interim Executive Director, Diabetes Hands Foundation

"I believe in the power of peer support and sharing our positive stories. Daniele inspires and uplifts all of us through her tireless dedication to share and transform the way we look at diabetes." — Christel Marchand Aprigliano, PWD, Patient Advocate, CEO of The Diabetes Collective, Founder, The Diabetes UnConference

"To paraphrase the late great Yogi Berra, "50% of diabetes is 90% mental." Daniele never lets us forget that we're People first, With Diabetes second." —Gary Scheiner MS, CDE, PWD Owner Integrated Diabetes Services, Author, *Think Like a Pancreas*

"Daniele has a real, genuine passion for the diabetes community. She has made a visible effort to reach out to other diabetics and constantly strives to make all of our stories known. Together we are stronger, and Daniele exemplifies that perfectly!" —Diabetic Danica, RN, PWD, Popular YouTube Video Blogger

"Daniele is a consistent source of positivity, ambition, and inspiration. She knows type 1 diabetes firsthand, she's experienced struggle and she's worked her way towards success. She's shared her journey and wisdom

on achieving success in many ways, and her book is the official cherry on top! If you're looking for the motivation to create change in your own life with diabetes, I highly recommend this book--and anything else Daniele chooses to share with all of us!" —Ginger Vieira, PWD, Author, *Dealing with Diabetes Burnout*

"Daniele owns her D! She's what Sugar Surfing is all about: the empowered person with diabetes capable of making the tough choices, learning from the results, then taking control to a new level. Let her show you a new path to living well with diabetes. Her book is a must read" Stephen Ponder MD, CDE, PWD Author, *Sugar Surfing*

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Theresa Pepper:

Why don't make it to be your habit? Right now, try to ready your time to do the important take action, like looking for your favorite book and reading a guide. Beside you can solve your problem; you can add your knowledge by the publication entitled Unleash Your Inner Diabetes Dominator: How to Use Your Powers of Choice, Self-Love, and Community to Completely Change Your Relationship with Diabetes for the Better. Try to make the book Unleash Your Inner Diabetes Dominator: How to Use Your Powers of Choice, Self-Love, and Community to Completely Change Your Relationship with Diabetes for the Better as your close friend. It means that it can to become your friend when you experience alone and beside that of course make you smarter than previously. Yeah, it is very fortunated for you. The book makes you a lot more confidence because you can know everything by the book. So , let us make new experience as well as knowledge with this book.

James Murray:

Nowadays reading books be than want or need but also turn into a life style. This reading practice give you lot of advantages. The advantages you got of course the knowledge your information inside the book that improve your knowledge and information. The details you get based on what kind of reserve you read, if you want drive more knowledge just go with education and learning books but if you want truly feel happy read one having theme for entertaining like comic or novel. Often the Unleash Your Inner Diabetes Dominator: How to Use Your Powers of Choice, Self-Love, and Community to Completely Change Your Relationship with Diabetes for the Better is kind of reserve which is giving the reader unforeseen experience.

David Creason:

The book Unleash Your Inner Diabetes Dominator: How to Use Your Powers of Choice, Self-Love, and Community to Completely Change Your Relationship with Diabetes for the Better has a lot associated with on it. So when you check out this book you can get a lot of advantage. The book was authored by the very famous author. Mcdougal makes some research ahead of write this book. This particular book very easy to read you can obtain the point easily after reading this article book.

William Marshall:

The reason? Because this Unleash Your Inner Diabetes Dominator: How to Use Your Powers of Choice, Self-Love, and Community to Completely Change Your Relationship with Diabetes for the Better is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will distress you with the secret the idea inside. Reading this book beside it was fantastic author who write the book in such amazing way makes the content inside of easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to

regret it. This unique book will give you a lot of benefits than the other book possess such as help improving your expertise and your critical thinking means. So , still want to hold off having that book? If I were you I will go to the guide store hurriedly.

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