



Polygendered and Ponytailed: The Dilemma of Femininity and the Female Athlete

Dayna B. Daniels

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Since the 1970s North American women and girls have engaged in every sport that interests them and have become champions in their fields. One of the consequences of this success is ongoing criticism, not of how they perform, but of how they look. In *Polygendered and Ponytailed*, Dayna Daniels argues that the femininity-masculinity divide prevents women athletes from being taken seriously in their sports. As long as sports remains a male domain, girls and women who participate will be viewed as either masculine to begin with or masculine through their involvement. By embracing a polygendered way of being, which emphasizes the similarities between women and men, female athletes will be given the chance to achieve their full sporting potential and be judged for their performance, rather than their appearance.

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