



An Unquiet Mind: A Memoir of Moods and Madness

Kay Redfield Jamison

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From a leading international authority on manic-depressive illness--and one of only a handful of women who are full professors of medicine--comes a remarkable personal testimony: the revelation of her own struggle since childhood with manic-depression, and how it has shaped her life.

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From reader reviews:

Tyler Smith:

Playing with family in the park, coming to see the water world or hanging out with close friends is thing that usually you may have done when you have spare time, and then why you don't try point that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love An Unquiet Mind: A Memoir of Moods and Madness, you could enjoy both. It is good combination right, you still want to miss it? What kind of hang-out type is it? Oh can happen its mind hangout folks. What? Still don't obtain it, oh come on its known as reading friends.

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