



Relax on Impact: Transformation and Empowerment Through Surrender

Jill Haire

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Before you were ever earth born, you were ‘Bliss Full’—perfect and perfectly loved. Then came ‘Bliss Fall’—life on earth began. *Relax on Impact* brings the reader through a journey many share. Well-meaning, imperfect parents offer imperfect love. Addictions, power struggles and emotional unavailability build walls that block true vision. Each generation seems doomed to teach past mistakes. Marriages built between the disempowered who seek their ‘other half’ create repeated divorces and added pain, rather than increased intimacy, love and spiritual clarity. Expressed in parable form, Jill Haire describes and guides relationship communication while supporting various Twelve Step recovery programs. Inner children and teachable adults will discover the solid connection between body, mind and spirit.

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