



Easy Coconut Flour Recipes: Low-Carb, Gluten-Free, Paleo Alternative to Wheat

Cyrille Malet

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Coconut Flour : Get Healthier Today

Are you missing foods made of wheat flour ever since identifying a **gluten intolerance** or starting a gluten free diet? Coconut Flour is a perfect substitute for those with **Celiac disease**, want a healthier flour option, or following a **Low-carb/slow-carb diet**.

Learn Coconut Flour's Secrets !

Why Coconut Flour is Healthier How To Cook Coconut Flour Easily The Difference Between Coconut Flour and Other Flours Learn How To Combine Coconut Flour With Quinoa Flour, Garbanzo Flour or Almond Flour. How To Use Agave Syrup With Coconut Flour And Much Much More !

Great, Super-Easy Recipes

I Coconut Flour Recipes (With Agave Syrup) Pancakes Donut Holes Banana Bread Muffins Blueberry Muffins Apple Cinnamon Muffins Cream Cheese Cake Sliced Bread Granola Bars Red Velvet Cupcakes German Chocolate Cupcakes With Pecan and Coconut Frosting **II Coconut Flour Recipes (Without Agave Syrup)** Bacon Biscuits Crepes Spinach Soufflé Chicken Fingers Coconut Shrimp **III Coconut & Other Flour Recipes (With Agave Syrup)** Cinnamon Raisin Bread Banana Pancakes With Chocolate Chips Cinnamon Rolls Blueberry Snack Bars Lemon Dessert Bars Apple Butterscotch Blondies Cinnamon Glazed Almond Cookies Peanut Butter Coconut Cookies Fruit Cobbler Vanilla Cupcake Recipe **IV Coconut & Other Flour Recipes (Without Agave Syrup)** Pigs In a Blanket Pizza Crust Dinner Rolls Pumpkin Blinis

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Peter Schmidt:

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Carol Ray:

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