



Introduction to the Kalachakra Initiation

Alexander Berzin

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Kalachakra is a system of highest tantra practice for overcoming the limitations imposed by historical, astrological, and biological cycles so as to become a Buddha for the benefit of all. His Holiness the Dalai Lama and other great Tibetan teachers have been conferring the Kalachakra initiation in the West, empowering prepared practitioners to engage in its meditations. Large numbers of people also attend this initiation as interested observers and gain inspiration for their spiritual growth. Introduction to the Kalachakra Initiation explains on a practical level and in everyday language the theory of tantra, the vows, commitments, and their implications, the factors to consider in deciding if one is ready to attend a Kalachakra initiation as a participant, how to visualize during the initiation, and the most important thoughts and feelings for participants and observers at each step of the empowerment. In preparing this guidebook, Alexander Berzin has done a great service to everyone interested in the Kalachakra initiation. It will help people to prepare for the ceremony and understand the essential points of each step of the procedure.



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